

Teleconference - February 22, 2018

Attendees: Matt Felgus, MD (President); Alek Zgierska, MD (Immediate Past-President); David Galbis-Reig, MD (President-Elect); Agron Ismaili, MD (Secretary); Joseph Bluestein, MD; Mary Flynn, MD (Retired, Meriter Medical Group – Restoring Roots); Ted Hall, PharmD (Psychiatric Pharmacist, Ho Chunk Nation); Bruce Weiss, MD (Cleanslate Milwaukee); Blaise Vitalli, MD (Family Medicine); Bill Gaertner, MD (Cleanslate); John Olson (Psychiatry, Sheboygan)

Welcome

The meeting was called to order at 7pm.

WISAM Updates

- Annual Conference. Save the Date September 27-29, 2018, Pyle Center, Madison Wisconsin.
- PEW Charitable Trust – Email went out the week of the 19th of February with flyer regarding a study they are conducting in Wisconsin looking for individuals with Opioid Use Disorder both active and in recovery. \$125 stipend for participation. (See Attached Flyer).
- Webinar – Awaiting for information from Badger Bay for logistics.
- Dr. Zgierska reported that WISAM has signing on to a letter opposing the State of Wisconsin’s plan to require drug testing, work requirements, and limited Medicaid eligibility. Brad Bachman from ASAM drafted the letter in line with ASAM and WISAM Policy.

Clinical Issues

Prevention Methods for repeat OD’s implemented in ED

- a) Alek reported on their attempt to partner with the State of Wisconsin to develop toolkits to be distributed to patients who present to an emergency department with an overdose.
- b) How do we improve care?

- a. Provide patients with enough Suboxone to get the patient to an appointment with an outpatient provider for suboxone
- b. Give patient's naloxone prior to discharge from the ED
- c. Hooking them up to peer support specialists
- d. Safe places to stay
- e. Implementing Recovery Coaches in the Emergency Department
 - i. Objections to recovery coaches by ED Administrators and providers include financial hurdles, feeling that they are not needed, and a disconnect between what physicians and recovery coaches believe is being provided to the patient.
 - ii. Family Education
 - iii. Stigma Reductions – seeing patient as a patient in need of care.
 - iv. Medical clearance requirements for entry into treatment programs. Can a unified protocols be developed for medical clearance.
- c) On plan could be to develop videos regarding stigma and the importance of recovery coaches.

Addiction Consult and Stigma of Addiction Terminology. Does anyone use a Euphamism?

- a) Recommended vocabulary sent out by an Addiction Group – do's and don'ts.
- b) Ted Hall willing to discuss with the individual who asked the question prior to next call.
- c) Because the individual who was interested in this issue was not available the discussion was tabled until the next teleconference.

Wisconsin CBD Law

- a) CBD Oil from Hemp is legal in all 50 states and therefore Wisconsin CBD Law does not really change much.

- a. CBD from Hemp Plants is still CBD and therefore biologically identical to CBD from Cannabis plants.
- b. Hemp Oil with CBD (not all Hemp Oil contains CBD) is available in many Coop's across Wisconsin and Health Food Stores.
- c. Dr. Galbis-Reig mentioned that it is available in Fresh Thyme (without requirement of a physician recommendation since it is Hemp Oil) in Milwaukee and Kenosha.
- d. Dr. Galbis-Reig noted that a pharmaceutical Grade CBD Oil is likely to be FDA approved by the 4th quarter of 2018 for treatment of certain forms of childhood epilepsy (Epidiolex; GW Pharmaceuticals)

c) CBD Oil from Hemp has a very low THC content (Less than 0.3%) and is sold legally but CBD Oil products that are sold online are likely to have higher THC Contents that may trigger a positive THC Drug Test. Hemp Oil, in Dr. Galbis-Reig's experience does not appear to produce positive results on the THC Immunoassay drug screen.

Other Business

- Save the date - WISAM Annual Education Conference Scheduled at the Pyle Center in Madison, Wisconsin between 9/27/2018 and 9/29/2018!

Adjourn

The meeting adjourned at 8pm. Future meetings:

- March 22, 2018
- May 24, 2018
- June 28, 2018
- October 25, 2018